



## **TOWN REPORT 2013**

### **PUBLIC HEALTH NURSING SERVICES**

The Public Health Nurse (PHN) is an agent of the Board of Health (BOH). Public health nursing services, programs and interventions focus on community health and wellbeing and disease prevention. Services are sponsored by the BOH and offered free of charge to Mattapoissett residents of all ages. For more information, please contact the Public Health Nursing Office directly at 508-758-4118.

#### **Nursing Care:**

Walk-in Clinic on Tuesdays and Thursdays 9:30AM - 11:30AM

Home Visits (In-home health consultation for homebound residents and residents with limited mobility)

Wound Assessment and Dressing Change

Blood Pressure and Blood Sugar Monitoring

Safe Sharps Program (Sharps disposal/Replacement sharps containers)

Tuberculosis (TB) Screening (Mantoux skin test)

Individual and Family Health Consultation/Assessment/Referral/Liaison

Administration of Routine Adult Vaccinations (State-supplied vaccine)

Vitamin B12 and Allergy Injections (As prescribed)

Annual Flu Vaccination/Flu Clinics (State-supplied vaccine)

Health and Nutrition Information

"NurseLink" (Clinical liaison/Access to care)

#### **Maternal/Child Health:**

Breastfeeding Support and Newborn Care Guidance (Office/Home visits/Telephone consultation)

"Welcome Baby!" (Community resources for new parents)

Child-Care Health Consultation (Licensed Mattapoissett child-care programs)

#### **Communicable Disease Prevention:**

The PHN is trained in the use of MAVEN, a secure, on-line communicable disease surveillance and management program administered by the Massachusetts Department of Public Health. In accordance with Commonwealth of Massachusetts Regulations 105 CMR 300.00, communicable disease interventions include ongoing monitoring, tracking, prevention and control measures to help protect residents from exposure to communicable diseases.

**Emergency Preparedness and Response:**

In collaboration with State, regional and community partners the PHN serves the Town in the following areas:

Participates in meetings, trainings and capability drills

Assists in the development and delivery of risk communication messaging

Reviews Emergency Dispensing Site plans

Functions as Mattapoisett Unit Leader for the Middleborough Area Medical Reserve Corps (MAMRC)

Recruits medical and non-medical community-based emergency volunteers

**Community Outreach:**

Weekly health clinic/Home visits for residents of the Mattapoisett Housing Authority

Participation at community health fairs and health related events

Collaboration with area partners to promote wellness initiatives and policy reform

Supervision of Nursing Students (Community Health Rotation)

**Office Management:**

Clinical supplies inventory and ordering, vaccine procurement, storage and management of State-supplied vaccine, roster billing (flu and pneumococcal vaccines), scheduling, documentation.

**Professional Collaboratives and Affiliations:**

American Public Health Association: Member, Public Health Nursing Section and Global Health Committee

Massachusetts Association of Public Health Nurses: Director-at-Large and SE Chapter Treasurer

Tobey Hospital Perinatal Advisory Committee: Member

Voices for a Healthy Southcoast: Member

Greater New Bedford Allies for Health and Wellness: Member

Tri-Town Early Childhood Council: Member

Middleborough Area Medical Reserve Corps: Unit Leader (Emergency volunteers)

Plymouth County Emergency Preparedness Coalition

Thank-you to all volunteers, staff, Town departments and community partners who assist and support the Office of Public Health Nursing Services throughout the year. I would especially like to thank the following individuals: Joan Manchester, R.N., Susan Drake, R.N., Ellen Murphy, R.N., Bradley (Stet) Drake, Pat Shea, Meghan Howard.

Respectfully submitted,

Amanda Stone, R.N.

Director, Public Health Nursing Services

Town of Mattapoisett, MA - Public Health Nursing Services