



Public Health
Prevent. Promote. Protect.

PUBLIC HEALTH NURSING SERVICES

TOWN REPORT 2010

What is Public Health?

(Click the link to follow)

It is my privilege to serve the residents of the Town of Mattapoisett and to provide this report of public health nursing interventions and services for year 2010.

Activities related to mitigation of the pandemic 2009 H1N1 influenza virus were completed in April 2010. Administration of two different flu vaccines were necessary this flu season to offer protection against both seasonal and H1N1 flu. However, only seasonal flu vaccine was available initially, followed by very limited amounts of H1N1 vaccine. Soon after, seasonal flu vaccine supplies were exhausted leaving only H1N1 vaccine until finally, plentiful supplies of both vaccines became available. From a planning perspective, this created one of many challenges. Beginning in October 2009, multiple seasonal flu and H1N1 vaccination clinics were organized. Clinics were held at Town Hall, the COA, Village Court, Center School, ORRJHS, ORRSJS, the Fire Dept., and the Public Health Office. Additionally, home visits were conducted for homebound residents.

An *After Action Report* detailing the Town of Mattapoisett Emergency Dispensing Site operations and management was compiled and submitted to the MA Department of Public Health by Sandra Landry, R.N., Emergency Planner for Emergency Preparedness Region 5. I am very pleased to report that Mattapoisett, "...was able to demonstrate that they can meet and exceed the capabilities necessary for outstanding performance in their ability to coordinate and direct mass prophylaxis successfully." Thank you to all who assisted with this effort, including each and every volunteer; staff at Town Hall; the COA; the Police Department; CERT; ORRSJS administration, custodians, staff, and school nurses.

During the spring and summer months the PHN and the BOH responded to many additional public health concerns including: Lyme disease, West Nile Virus (WNV), Eastern Equine Encephalitis Virus (EEEV), food borne illnesses, and beach closings due to high bacterial counts. Beginning July 1, 2010 the PHN position was recognized as full-time and compensated accordingly at 37hrs/wk.

HEALTH PROMOTION & DISEASE PREVENTION SERVICES

Health Access/Clinical Nursing Care (Provided free of charge to residents of all ages)

Wound Assessment/Dressing Change

Integrative Health and Nutrition Information
Blood Pressure and Blood Sugar Monitoring
Tuberculosis Screening (Mantoux skin test)
Individual and Family Health Counseling
Health Liaison/Referrals
Routine Adult Vaccinations (State-supplied)
Vitamin B12 and Allergy injections (Prescribed)
Annual Flu Vaccination Clinics (October/November)

Maternal/Child Health Services

Breastfeeding Support and Newborn Care Guidance (Home visits and/or telephone consultation)
Welcome Baby! (Community resources for new parents)
Child-Care Health Consulting (for Mattapoisett child-care programs)

Communicable Disease Management (In accordance with 105 CMR 300.00)

Utilizing the web-based Massachusetts Virtual Epidemiologic Network (MAVEN) interventions include: ongoing surveillance, prevention strategies, control measures, protection, education and information.

Emergency Preparedness, Response, & Volunteer Management (In collaboration with other Town departments & community agencies)

Participation in drills to test capabilities
Development of key risk communication messages
Planning for continuity of operations
Emergency dispensing site operations
Identifying and supporting the needs of individuals requiring additional assistance
Affiliation and collaboration with Middleborough Area Medical Reserve Corps (Medical & non-medical community-based volunteers)

Community Outreach

Safe Sharps Program (Sharps disposal/Replacement sharps containers)
Nurselink (Home visitation and telephone consultations for homebound residents for health assessment, guidance, and referral if necessary)
Mattapoisett Housing Authority (Weekly PH clinic and home visits for residents, conducted by Joan Manchester, R.N.)
American Heart Association CPR/AED course taught by certified instructor, Beth Oleson
Participation at community health fairs

Office Management

Clinical supplies ordering, vaccine procurement & management, roster billing (flu & pneumococcal vaccines), documentation, record keeping.

Affiliations

MA Department of Public Health
MA Association of Public Health Nurses
Southcoast Hospitals Group
Voices for a Healthy South Coast
Greater New Bedford Allies for Health & Wellness, Inc.
Old Rochester Regional School District
Tri-Town Early Childhood Council
Plymouth County Emergency Preparedness Coalition
Middleborough Area Medical Reserve Corps

Thank you to all the volunteers and staff of many different Town departments and community agencies who assist and support the Office of Public Health Nursing Services throughout the year.

Promoting community health and well-being and preventing disease through changes in lifestyle is an overarching goal of Healthy People 2020, www.healthypeople.gov. I look forward to continuing our partnership and collaborative efforts.

Respectfully submitted,
Amanda Stone, R.N.
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