



## GENERAL POLICY RE-OPENING PLAN



Plan Approved by Town Selectmen on 03.09.2021

▪ **Registration is required\***

- For each session / program; for each week
- No walk-ins. No exceptions.
- Registration allowed only one week at a time for each class.

- Registration begins exactly one week prior to the class and ends no later than 24 business hours prior to the class time. (Note: Monday classes must be pre-registered no later than the Friday prior)

- Cannot register for multiple weeks.

▪ **Registration Priority** – based on space availability:

- (1) Mattapoisett residents age 60+
- (2) Mattapoisett residents 55+ (*1<sup>st</sup> level wait list*)
- (3) Non-residents 60+ (*2<sup>nd</sup> level wait list*)

Those on the wait lists will be notified no later than 23.5 business hours prior to the class (i.e.: for Monday classes, notification will be given by the Friday prior).

In the event of inclement weather, the COA will call those who are registered, either the night before or within an hour of the scheduled class time.

▪ **Face Covering - Required**

- Each person must wear a facial covering, over nose and mouth, at all times while indoors, including while exercising
- A designated space, separated from the fitness space, will be assigned for “mask break” if someone should need to remove their mask due to health concerns.
- The COA recognizes that some people may not feel comfortable wearing a mask while exercising. We encourage you to make decisions that are in your personal best interest. There are alternative, creative ways to exercise safely other than in a group setting. Our instructors and the COA can provide you with ideas upon your request.

It is understood that there may challenges and concerns regarding the policy.

If you do not feel comfortable complying with any of the rules, we respect your decision.

You may contact us for assistance and alternative ideas to be engaged.

\*Contact Tracing methods



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### ▪ Locations Available:

- Mattapoisett Congregational Church, Reynard Hall (a.k.a. Congo Hall)
  - Enter via Mechanic Street door only
  - A lift is available
  - NO use or entering the kitchen space
  - Do NOT go on stage (only instructor, if given prior permission)
  - Masks must be worn at all times inside the building
    - *(exception is designated mask break area)*
- Mattapoisett Council on Aging
  - Enter via Barstow Street
  - Elevator is available
  - Masks must be worn at all times inside the building
    - *(exception is designated mask break area)*

Day	Time	Class	Instructor	Location	Registration Starts	Registration Ends	Wait List Notified
MON	8:45 AM	Tai Chi	Mary Beth Soares	Congo Hall	Mondays at 9:45 AM	Fridays at 8:45 AM	Fridays by 9:15 AM
MON	10:00 AM	Knitting		COA	Mondays at 12:00 PM	Fridays at 12:00 PM	Fridays by 12:30 PM
MON	10:30 AM	Strength & Balance	Karen Corcoran	Congo Hall	Mondays at 11:30 AM	Fridays at 10:30 AM	Fridays by 11:00 AM
WED	10:30 AM	Strength & Balance	Karen Corcoran	Congo Hall	Wednesdays at 11:30 AM	Tuesdays at 10:30 AM	Tuesdays by 11:00 AM
WED	12:30 PM	Bingo		COA	Wednesdays at 2:30 PM	Tuesdays @ 12:30 PM	Tuesdays by 1:00 PM
FRI	8:15 AM	Barre	Shawn Sweet	Congo Hall	Fridays at 9:15 AM	Thursdays at 8:15 AM	Thursdays by 8:45 AM
FRI	9:00 AM	Open Painting Session	Bernie Klim	COA	Fridays at 11:00 AM	Thursdays at 11:00 AM	Thursdays by 11:30 AM
TBD		Yoga		Congo Hall			

Register by: 508-758-4110 or e-mail [coadirector@mattapoisett.net](mailto:coadirector@mattapoisett.net)

