



Public Health
Prevent. Promote. Protect.

TOWN REPORT 2016

PUBLIC HEALTH NURSING SERVICES

The Public Health Nurse (PHN) is an agent of the Board of Health (BOH). Public health nursing services are sponsored by the BOH and provided free of charge to Mattapoisett residents of all ages. To contact the PHN, please call the Public Health Nursing Office at 508-758-4118. **To receive a call-back, please leave a message including your call-back number. Calls are returned Monday - Friday within 24 hours.** The Public Health Nursing Office is located in the same building as the COA at Center School, 17 Barstow Street.

Nursing Care

Walk-in Clinic (Tuesdays and Thursdays 10:00 am - 12:00 noon and Monday - Friday by appointment).
Home Visits (In-home health consultation for homebound residents and residents with limited mobility).
Wound Assessment and Dressing Change.
Blood Pressure and Blood Sugar Monitoring.
Safe Sharps Program (Safe disposal of needles and syringes. Free replacement sharps containers).
Tuberculosis (TB) Screening (Mantoux skin test).
Individual and Family Health Consultation/Assessment/Referral/Liaison.
Administration of Routine Adult Vaccinations (State-supplied vaccine, when available).
Vitamin B12 and Allergy Injections (As prescribed).
Annual Flu Vaccination Clinic (In collaboration with the Southcoast Wellness Van).
Health and Nutrition Information.
"NurseLink" (Clinical liaison/Access to care).

Maternal/Child Health

Breastfeeding Support and Newborn Care Guidance (Home visits and/or telephone consultation).
"Welcome Baby!" (Linkage to community resources).

Communicable Disease Prevention

The PHN is trained in the use of MAVEN, a secure, on-line communicable disease surveillance and management program administered by the Massachusetts Department of Public Health. In accordance with Commonwealth of Massachusetts Regulations 105 CMR 300.00, communicable disease interventions include ongoing monitoring, tracking, prevention and control measures to help protect residents from exposure to communicable diseases. **To assist with disease control and prevention efforts, please return calls from the PHN at your earliest convenience. Thank you.**

Emergency Preparedness and Response

Participates in meetings, trainings and capability drills.

Assists in the development and delivery of risk communication messaging.

Serves as the Public Information Officer (PIO) for health related emergencies.

Reviews and advises on Emergency Dispensing Site plans.

Serves as the Mattapoissett Unit Leader for the Middleborough Area Medical Reserve Corps (MAMRC).

Recruits medical and non-medical community-based disaster response volunteers.

Interested in volunteering? Please contact the PHN at 508-758-4118.

Community Outreach

Weekly health clinic and home visits for residents of the Mattapoissett Housing Authority.

Participation at community health fairs and health related events.

Collaboration with community members and local and regional stakeholders to promote health and wellness initiatives and policy reform.

Supervision of students. *Special thanks to Julia Corey, BA (2019), Wheaton College for her assistance with community outreach and education related to the safe storage and disposal of needles, syringes and prescription medications.*

Office Management

Clinical supplies inventory and ordering.

Medical records.

Contractual services.

Professional Affiliations and Partnerships

Massachusetts Association of Public Health Nurses: President 2015-2017.

Middleborough Area Medical Reserve Corps: Unit Leader.

Plymouth County Emergency Preparedness Coalition: Member.

Organization of Nurse Leaders: Board of Directors.

MA Action Coalition: Leadership Team member.

Healthy Tri-Town Coalition: Member.

MA Opioid Addiction Prevention Coalition: Member.

A sincere thank-you to all volunteers, staff, Town departments and community partners who assist and support the Office of Public Health Nursing Services throughout the year. I would especially like to thank the Mattapoissett Lions Club, and the following individuals: Joan Manchester, R.N., Ellen Murphy, R.N., Diane Chimowitz, R.N., Judy Anthony, Pat Shea.

Respectfully submitted,

Amanda Stone, R.N.

Public Health Nurse