

AMERICA'S
PrepareAthon!

JOIN THE MOVEMENT

BE SMART.
TAKE PART.
PREPARE.



Create a Communication Plan

Do you know how you will communicate among your family and neighbors in case of an emergency? Have you talked with your kids about this? Do you know any neighbors who might need help during an emergency? Be prepared by completing an Emergency Communications Plan in advance and share it with others.

Tools for you to use

There are number of templates. Find the one that works best for your family. All of these tools can be found on the [Weather Ready Mattapoissett](#) web page, at the Mattapoissett Library or Council On Aging.

- There are two family emergency communication plans one [for children](#) and one for [parents](#)
- A [wallet size template](#) can be filled in on line and folds up to fit in a wallet or you can print it out and fill in your contacts.
- Mattapoissett has [a template for seniors](#) that works for everyone and provides a list of local emergency numbers.

Develop a communication plan and practice

Make a list of important people that you'd need to get hold of during a disaster and write down those phone numbers; for example, your kids' school, your place of work, your elderly neighbor, etc. Ensure you will be able to access this list in the event your phone runs out of batteries.

Program your "In Case of Emergency" (ICE) phone number on the home or lock screen of your mobile phone.

If you have children, help them memorize an emergency contact phone number, their parents, phone number and an out of state emergency contact number. Practice this skill regularly.

Find out more about Weather Ready Mattapoissett here: <http://bit.ly/2aZaE6H>