



TOWN OF MATTAPoisETT
Board of Health
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March 27, 2020

Dear Residents of Mattapoissett,

The COVID-19 pandemic is rapidly evolving and increasingly impacting our daily lives. We understand there are many challenges facing us now, and still to come. We must remain vigilant and follow official guidelines and recommendations that have been put in place to minimize the spread of this highly transmissible disease.

As your Board of Health, we are closely monitoring the situation and implementing the necessary measures to protect us all, including our friends and family and our most vulnerable residents. We are in frequent communication with State, regional and local partners, including the Mattapoissett Police Chief, Fire Chief, our Public Health Nurse and our Selectmen.

Effective March 27, 2020 Governor Baker issued new guidelines on travel instructing travelers to Massachusetts to self-quarantine for 14 days. A link to the full details of this new advisory along with self-quarantine guidelines will be posted to our town website, www.mattapoissett.net where you will find additional information. In addition, the Massachusetts Department of Public Health website, www.mass.gov and the Centers for Disease Control and Prevention website, www.cdc.gov provide up-to-date information and resources.

At this time, the absolute priority for us and our health department staff, is community containment and mitigation including disease surveillance, contact tracing, assessing risk of exposure, and implementing isolation and quarantine of confirmed and suspect cases, as the need arises. *Actions taken now will have the greatest impact to keep our community as safe and healthy as possible.*

If you have questions or concerns, please contact our Public Health Nurse at 508-758-4118 or our Health Agent at 508-758-4100 x 213. In addition, MA 2-1-1 is an easy to remember 24/7 telephone number that connects callers in Massachusetts to information about critical health and human services. Simply dial 211.

Individuals at high risk for COVID-19 include seniors and those with underlying health conditions. In the event you develop symptoms of upper respiratory illness such as fever, cough or shortness of breath, please contact your Health Care Provider (HCP) directly. Calling ahead is advised. In an emergency, as always, call 911.

With best regards,
Carmelo Nicolosi,
Chairman, Mattapoissett Board of Health.