



# Seasonings

FREE

Friends of the Mattapoissett Council on Aging, Inc.  
P.O. Box 1116, Mattapoissett, MA 02739

JANUARY 2015

## MATTAPOISETT COUNCIL ON AGING

17 Barstow St. P.O. Box 528 Mattapoissett 02739 508-758-4110 www.mattapoissett.net

### Friends of the Mattapoissett Council on Aging, Inc.

#### Board of Directors

Bob Kelley, President  
Sandra Reynolds, V-P  
Maureen McCarthy, Treas.  
Carolyn Thomas, Clerk  
Joan Cotter  
Mary Flood  
Kay Levine  
Dot Lewis  
Leona Mansfield  
Joan Noyer  
Jo Pannell  
Lou Reade  
Dorothy Salgado  
Mary Scott

#### Board Meetings

Next Meeting:

January 17th @ 10 a.m.  
PUBLIC IS WELCOME

### COUNCIL ON AGING

**Executive Director**  
Jacqueline Coucci  
coadirector@mattapoissett.net

**Outreach Coordinator**  
Susan Keir  
outreachcoa@mattapoissett.net

**Administrative Coord.**  
Cynthia Macallister  
coaadmin@mattapoissett.net

#### C.O.A. Board

Chair: Liz Field  
Vice-Chair: Lois Murray  
Secretary: Judith Kennedy  
Treasurer: Bob Walter  
Robert Belenger  
Gayle Jarvis  
Rachel McGourthy  
Marcella Nelson  
Melody Pacheco  
Peg Weymouth

**C.O.A. Meeting**  
1st Wed. Each Month  
8 a.m.  
PUBLIC IS WELCOME

## Friends of the Mattapoissett C.O.A. Annual Message

Each year the Friends try to provide a brief summary of the year's significant events. For 2014, the most significant event is our name change. Since 1990, we have been known as "Friends of the Elderly of Mattapoissett" or simply "Friends of the Elderly." That all changed at our Annual Meeting in January 2014 when our members voted to change our name to "Friends of the Mattapoissett Council on Aging." Our mission has not changed; we will continue to support the goals and efforts of the Mattapoissett Council on Aging and the Center.

What do we, as Friends, do? We fund and assist with mailing of the monthly newsletter, *Seasonings*. Each month, we sponsor the movie and pizza event every last Tuesday of the month, where award-worthy films are screened. We give three free luncheons a year-- St. Paddy's Day, Fall Harvest, and the Christmas Party. Our fundraisers include: a "Ballroom and Line Dance Party;" sales of one-of-a-kind articles, to include Mattapoissett-themed aprons, sweatshirts, tote bags, as well as note cards and scrimshaw prints. These articles are offered at the Senior Center and at various community venues such as Harbor Days. In addition, just before Easter each year, we hold our "Easter Pie and Cake Sale."

This year, we donated a majority of the cost for materials to fund a handicap ramp that was built for a Mattapoissett senior. Shut-ins receive greeting cards and mementos on a regular basis throughout the year. There are many other ways we con-

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## Tax Relief Fund for Mattapoissett Seniors

You may be eligible to reduce your real estate taxes if you meet certain qualifications. Income and asset verifications are required, as well as copies of current bank statements. All applicants (Seniors and Disabled):

- Must own and occupy the property;
- Must be a Matt. resident for 5+ years;

#### If Single:

- Must be 70 yrs of age by 7/1/2014;
- Gross income for 2014 under \$30,000;
- Total estate, excluding home, under \$35k;

#### If Married:

- One partner needs to be 70+
- Gross income cannot exceed \$40,000;
- Total estate, excluding home, under \$45k.

Contact COA or Treasurer for application.  
Applications due no later than 4/1/15.

## Art For Your Mind Westward Expansion

Tuesday, January 13th

Time: 12:30—1:30 p.m. Only \$3

As people began exploration to the West, Albert Bierstadt and other artists set off to the Rocky Mountains. Learn about how this country's expansion inspired artists to represent the national identity of America.

*Art For Your Mind* presentations reveal entirely new ways to "look". Observing art becomes intriguing, fun, relevant and a great way to learn. People are energized to find that they're good at it; the experience encourages creativity. R.S.V.P. by 1/12/15

### Trips & Events

*make checks payable to: Mattapoissett COA Mailing address: PO Box 528, Mattapoissett, MA 02739*

Date	Event/Location	Leave P&R	Cost	Date	Event/Location	Leave	Cost
1/7/15	COA Board Meeting	8:00		1/21	Book Club @ COA	11:00	Free
1/8/15	Alberto's Ristorante	11:00	\$8 van	1/22	Davenport's, E. Providence	11:05	\$7 van
1/8/15	Computer Overview	1 p.m.	\$3 voluntary donation	1/24	Hyannis Orchid Show	8:00	\$10 van
1/13/15	Art Education	12:30	\$3 class	1/24	Insurance: Home/Auto Info	10:00	Free
1/14/15	Trader Joe's, Foxboro	9:15	\$5 van	1/26	"Wellness & Weight" Prog.	1:00	\$5 session
1/14/15	Men's Club @ Library	10 a.m.	Free	1/27	Movie & Pizza	12:00	\$2 pizza/Free movie

Mission Statement: The Friends of the Mattapoissett Council on Aging, Inc. is a 501(c)(3) non-profit organization that raises money to provide financial & organizational support to the Matt. COA and other organizations.

**Read it online and help us save! This newsletter can be sent to your e-mail each month. If you would like to be removed from our mailing list, please send an e-mail to [coadirector@mattapoissett.net](mailto:coadirector@mattapoissett.net)**

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#### *"Friends Message" - continued from page 1*

tribute to the life of the Senior Center -- *have a cup of coffee or tea on us* -- you really need to check us out. We work all four seasons to fulfill our stated mission -- to support the Senior Center and Mattapoissett CoA. Join us! Membership is only \$10 per year for an individual. Better yet, become a member of the Board for 2015. Everyone is welcome to join us at our

**ANNUAL MEETING on  
Saturday, January 17th at 10 a.m. at the  
Mattapoissett Public Library's conference room.**

We will be electing new officers and refreshments will be available. Hope to see you there.

~The Board of Directors of the  
Friends of the Mattapoissett CoA

**Fuel Assistance** through PACE still offered.  
Call COA Outreach for more info. Mon-Tues.

#### **Tax Assistance**

Free tax assistance to  
**Matt. residents who are 60 and over**  
Service will **begin February 9, 2015** and will continue on Mondays and Fridays until April 13th. Appointments are **required**. Call **508-758-4110**.

#### **Inclement Weather**

#### **Closure and/or Cancellation Policy:**



Please listen to **AM 1420 WBSM radio** for any weather-related cancellations or closures, or you may call **508-758-4110** for live or recorded information.